

A close-up photograph of a typewriter's internal mechanism, showing the metal typebars and the dark brown fabric ribbon. The image is positioned at the top of the page, above the title.

# New Life

## Chapter One

# TRUTHFUL LIVING CLINICS

Do you ever ask yourself 'is this it?' Or find yourself asking yourself why you have so much yet feel so empty? Perhaps you feel trapped by the things you have to do, leaving no space to even consider what you really want to do. These clinics help people get to the bottom of what is really holding them back from having the happiness they deserve.





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